

OUR HEALTH, OUR COMMUNITY

SURVEY QUESTION SUBMISSION FORM

Our Cowichan Communities Health Network and Island Health are working with those living in the Cowichan Valley region to develop a Cowichan Valley region-specific population survey. Entitled “Our Health, Our Community” (OHOC), this survey will collect local-level data on the health and wellness of Cowichan Valley residents. The data collected will be used to support local evidence-based decision-making around health and wellness planning, policy, and services.

The survey will launch (online, with some copies available in print) in the spring of 2023 and will be open to all residents of the Cowichan Valley region who are 18 years and older. We aspire to recruit a minimum of 4,500 survey respondents who can anticipate being asked questions on topics areas such as individual health, access to services, community involvement, and neighbourhood characteristics.

To ensure this survey and its results are relevant to the health and wellness needs of Cowichan Valley residents, we are asking the community for input on the survey questions. Specifically, we ask community leaders to share their health and wellness question suggestions.

Accordingly, we invite your organization to use this question submission form to submit up to 5 questions.

After the January 25, 2023 submission deadline, our survey team will compile all feedback and develop the survey. To respect survey participants’ time, not all question submissions will be accepted.

To guide question selection, we ask that you consider the criteria below when submitting this form:

- Does this question fill a current health and wellness data gap? *Please note, for this survey, health and wellness include the non-medical factors that influence health and wellness outcomes, such as income, housing, food security, education, culture, our natural and built environments, social supports, access to health services, and more.*
- Is this question specific to the Cowichan Valley?
- Will this question enhance decision-making and planning in the Cowichan Valley?

If you have questions during this process, please contact Vanessa Daether, Project Manager, at vanessa@daether.ca or 250-715-8572.

To submit your Question Submission Form, email the completed form to vanessa@daether.ca by 5pm on January 25, 2023.

Thank you for your support,

OHOC Advisory Team

